

MASSAGE TREATMENTS

TYPE / TIME	30 mins	45 mins	1 hour	90 mins	2 hours
Swedish Relaxing or Deep Tissue Massage	28	42	55	75	95
Japanese Hand Shiatsu Massage	28	42	55	75	95
Thai Foot Massage	28	42	55	75	95
Indian Head Massage	28	42	55	75	95
Marma Point Facial Massage	28	42	55	75	95
Manual Lymphatic Drainage	28	42	55	75	95
Mauritian Full Body Massage			55	75	
Luxury Heated Back, Neck, Shoulder and Spine Massage	33	48.50	63.50	90	115
Clinical Sports and Remedial Massage	33	48.50	63.50	90	115
Hot Stone Massage	33	48.50	63.50	90	115
Hot Compress/Poultice Massage	33	48.50	63.50	90	115
Aromatherapy Massage	33	48.50	63.50	90	115
Marma Chikitsa	33	48.50	63.50	90	115
Ayurvedic Massage	33	48.50	63.50	90	115
Bamboo Massage	33	48.50	63.50	90	115
Reiki Massage	33	48.50	63.50	90	115
Gua Sha & Cupping	33	48.50	63.50	90	115
Acupressure	33	48.50	63.50	95	115
Balinese Spa Full Body Massage				95	120
Lomi Lomi Massage				95	120
Shiatsu			75	100	125
Thai Yoga Massage			75	100	125

HOLISTIC WELL-BEING TREATMENTS

TYPE / TIME	30 mins	45 mins	1 hour	90 mins	2 hours
Reflexology		45	62		
Reiki	35	45	62		
Meditation & Energy Transfer	28	42	55	75	95
Chakra Energy Balancing Consultation	28	42	55	75	95
Shirodhara Oil Flow	55	75	90	120	
Kati Basti/Janu Basti	55	75	90	120	
Infrared Sauna Cocoon		55	65		
Body Scrub & Shower			75		
Hopi Ear Candling	32				
Ladies Facial Treatment	38	56			
Gents Facial & Beard Treatment	38	56	71		
Professional Counselling			85	120	150
Clinical Hypnotherapy			150		300
Sensual & Intimacy Coaching			85	120	150
Tantric Practice	Varied				
Tapping / Emotional Freedom Technique	42	55	75		
Intolerance, Allergy, Nutrient, Toxicity, Weight, Fitness & Metabolism Tests	Varied				
OOH! Organic Oils for Health	48		85		
Detox Programmes	Varied				
Quickslim Body Wrap				65	85
Weight Loss Meals & Programmes		38			
Skin Tanning	48	65	85	120	150
Men's Manicure/Men's Pedicure		42	55	88	

MALE WAXING & GROOMING TREATMENTS

TYPE / TIME	30 mins	45 mins	1 hour	90 mins	2 hours	2.5 hours	3 hours
Laser Hair Removal	45	70	95	120	145	170	195
Male Waxing (non intimate)	40	55	70	100	130	160	190
Male Waxing (intimate)	50	75					
Clipping & Trimming (non intimate)	25	35	45	65			
Clipping & Trimming (intimate)	35	45					
Electronic Epilation (non intimate)	40	55	70	100	130	160	190
Foam Spray/ VEET (non intimate)	40	55	70	100	130	160	190
Gents Facial & Beard Treatment	38	56	71				
Wet Shave (Facial)			60				
Body Scrub & Shower			75				
Hopi Ear Candling	32						
Men's Manicure/Men's Pedicure		42	55	88			
Skin Tanning	48	65	85	120	150		
Quickslim Body Wrap				65	85		

PERSONALISED PROGRAMMES – PRICE LIST

TYPE / TIME	30 mins	45 mins	1 hour	90 mins	2 hours	2.5 hours	3 hours
Initial Consultation	25						
Gentleman's Rejuvenation	28+	42+	55+	75+	95+	115+	135+
A Good Night's Sleep	28+	42+	55+	75+	95+	115+	135+
Immune System Boost	28+	42+	55+	75+	95+	115+	135+
Heat Healing	28+	42+	55+	75+	95+	115+	135+
Eastern Promise	28+	42+	55+	75+	95+	115+	135+
Feeling Free	28+	42+	55+	75+	95+	115+	135+
Spiritual High	28+	42+	55+	75+	95+	115+	135+
The Five Elements	28+	42+	55+	75+	95+	115+	135+
Skin Conditioning	28+	42+	55+	75+	95+	115+	135+
Divine Detox	28+	42+	55+	75+	95+	115+	135+
Mind Cleanse	28+	42+	55+	75+	95+	115+	135+
Ladies Revival	28+	42+	55+	75+	95+	115+	135+
Weight Loss	28+	42+	55+	75+	95+	115+	135+
Pain Relief	28+	42+	55+	75+	95+	115+	135+
Male Body Pride	28+	42+	55+	75+	95+	115+	135+

PROFESSIONAL TRAINING COURSES (ASSESSED THEORY & PRACTICAL) –
PRICE LIST (*= NO PRACTICAL)

TYPE / TIME	10-15 hours	16-20 hours	21-25 hours	30-35 hours	
<u>Body Massage</u>				590	
<u>Hot Stone Massage</u>	450				
<u>Indian Head Massage</u>			450		
<u>Reflexology</u>				550	
<u>Ear Candling</u>	155				
<u>Body Waxing</u>			490		
<u>Male Intimate Waxing</u>		650			
<u>Mindfulness Coaching*</u>		95*			
<u>Using PreBlended Oils*</u>	115*				
<u>Making PreBlended Oils*</u>		175*			
<u>Facial Treatments</u>			590		
<u>Anatomy & Physiology*</u>				240*	
<u>Retailing in Business*</u>	70*				
<u>Marketing in Business*</u>	70*				
<u>Starting in Business*</u>	70*				
<u>Standards in Therapy*</u>	70*				
<u>Health & Safety*</u>	70*				

MASSAGE TRAINING COURSES (NO ASSESSED THEORY, PRACTICAL
ONLY) – PRICE LIST

TYPE / TIME	2 hours	6 hours	12 hours	20 hours	+1 hour

<u>Body Massage</u>	140	380	650		70
<u>Hot Stone Massage</u>	140	380	650		70
<u>Face Head & Scalp Massage</u>	140	380	650		70
<u>Indian Head Massage</u>	140	380	650		70
<u>Foot Massage</u>	140	380	650		70
<u>Hand Massage</u>	140	380	650		70
<u>Relaxing Full Body</u>	140	380	650	1100	70
<u>Ayurvedic Deep Tissue & Stretching</u>	140	380	650	1100	70
<u>Marma Chikitsa</u>	140	380	650	1100	70
<u>Hot Herbal Compress</u>	140	380	650		70
<u>Balinese Spa</u>	140	380	650		70
<u>Lomi Lomi</u>	140	380	650		70
<u>Thai Yoga</u>	180	500	900	1450	90
<u>Massage Tools</u>	160	420	730		80

HOLISTIC THERAPY AND MALE GROOMING TRAINING COURSES (NO ASSESSED THEORY, PRACTICAL ONLY) – PRICE LIST

TYPE / TIME	2 hours	6 hours	12 hours	+1 hour	80-85 hours
<u>Male Body Waxing (non intimate)</u>	140	380	650	70	
<u>Male Intimate Waxing</u>	200	580	950	100	
<u>Male Facial Waxing</u>	140	380		70	
<u>Male Wet Shaving (Facial)</u>	180	480	850	90	
<u>Male Body Clipping & Trimming</u>	140	380	650	70	
<u>Reflexology</u>	140	380	650	70	
<u>Reiki Level 1</u>		550			
<u>Reiki Level 2</u>		650			

<u>Reiki Master</u>		700			
<u>Shirodhara Oil Flow</u>	180	480			
<u>Hopi Ear Candling</u>	110			55	
<u>Facial Treatments</u>	140	380	650	70	
<u>Diploma in Ayurvedic Treatments</u>					2795