

# Product list

## Shakes

Banana  
Cappuccino  
Chocolate  
Chocolate Mint  
Lactose-Free Chocolate  
Lactose-Free Vanilla  
Strawberry

## Soups

Chicken Noodle  
Oriental Chilli  
Tomato  
Vegetable with Croutons

## Porridge/Cereal

Apple & Cinnamon  
Golden Syrup  
Mixed Berry  
Original  
Chocolate Flavour Crispy Rice Cereal

## Bars

Apple & Cinnamon Oat  
Chocolate Chewy  
Chocolate & Orange Fusion  
Cookies & Cream  
Fruit & Nut  
Lemon Yoghurt  
Peanut Crispy  
Strawberry & Apple Yoghurt

## Bites

Blueberry Bites  
Orange & Ginger Bites  
Salted Caramel Bites

## Savoury Meals

Chicken Tikka Style Curry  
Green Pesto Flavour Pasta  
Macaroni Cheese  
Spaghetti Bolognese  
Thai Green Style Curry with Noodles

## Shake'n'Go

Apple & Kiwi Yoghurt  
Chocolate  
Latte  
Mixed Berry Yoghurt

## Smoothies

Blackcurrant & Apple  
Breakfast Smoothie with Oats  
Cherry & Strawberry

## Total Diet Replacement Shakes and Soups

Banana  
Chicken and Mushroom  
Strawberry  
Vanilla

## Porridge

Original

## Water Flavourings

Golden Vegetable  
Orange  
Pineapple  
Raspberry & Elderflower

## Step Up® Meals

Beef Casserole  
Chicken Casserole  
Chicken Curry  
Veggie & Chickpea Ragu  
Veggie Chilli with Potato Wedges

## Snacks

BBQ Pop Squares  
Cheese & Onion Pop Squares  
Roast Chicken Pop Squares  
Salt & Vinegar Pop Squares

## Extras

Fibre  
Mix-a-Mousse

**Please note:**  
Products may go in and out of stock.  
Please speak to your Consultant about availability